Who is eligible to participate?
All Primary Care Providers in Ontario with an interest in Rheumatology can participate. To register, please visit our website and fill out the sign up form. You will then be contacted by ECHO to get set up for sessions.

When does the ECHO sessions take place?
ECHO sessions run every Friday from 12:00PM to 2:00PM. A curriculum cycle typically lasts approximately 13 weeks.

A typical teleECHO Session:

12:00-12:05  Attendance
12:05-12:45  Didactic Presentation
12:45-1:00  Group Discussion - didactic
1:00-1:15  Case 1 presentation
1:15-1:30  Group Discussion – Case 1
1:30-1:45  Case 2 presentation
1:45-2:05  Group Discussion – Case 2

How do I participate?

- Present patient cases and participate in case discussion
- Participate in didactic presentations
- Complete the pre and post questionnaire
- Participants complete periodic surveys evaluating practice style, knowledge, and self efficacy to receive your CPD credits

How do I connect?
You can connect with your mac or PC with the video conference software and an internet connection. A link will be provided to connect on a weekly basis.

You can also connect via teleconference, we provide a toll free teleconference number for you to connect.

What equipment do I need?

- A computer with a webcam and microphone or iOS/Android mobile device
- A stable internet connection or phone connection for audio only
- We use www.zoom.us to connect
- If you require additional information or support, please let us know.

Learning Objectives

- To develop an approach to identifying inflammatory arthritis in order to
- Facilitate early referral and management
- Optimize triage
- Identifying clinical, laboratory and radiographic features suggestive of disease flare/activity
- Monitoring for side effects of commonly-used disease-modifying antirheumatic drugs (DMARDs)
- Monitoring for disease- and treatment-associated comorbidity

This Group Learning program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 28 Mainpro+ credits.

Our Interdisciplinary Hub Team

The interdisciplinary hub team at UHN consists of:

- Rheumatologist
- Radiologist
- Physiotherapy/ACPAC
- Pharmacist
- Registered Nurse

ECHO Ontario Rheumatology Speakers

Amanda Steiman MD, MSC FRCPC
Claire Bombardier, MD, FRCPC
Mandy McGlynn PT, MSc, ACPAC

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What to expect:

The ECHO program provides a collaborative environment where healthcare providers can learn and share knowledge in a variety of clinical settings. All presentations are recorded and available for viewing at your convenience.

Funded by Ontario Ministry of Health and Long-term Care
How can I access my materials?
The lecture slides and didactic materials are distributed through the weekly agendas sent to you via email. Alternatively, it is available on the website link provided.

How do I get my CME credits?
Please fill out the ‘Weekly Feedback and Evaluation’ form. The link to the form is provided on the weekly agendas sent by email. Your certificate will be provided to you at the end of the cycle.

Project ECHO Ontario Rheumatology: January—December 2017 Curriculum

**Cycle 1**

- **January 13, 2017**
  - **Approach to the Patient with Peripheral Joint Pain**
  - Dr. Amanda Steiman

- **January 20, 2017**
  - **Approach to the Patient with Back Pain**
  - Dr. Amanda Steiman

- **January 27, 2017**
  - **Expanding your Differential Diagnosis**
  - Dr. Claire Bombardier

- **February 3, 2017**
  - When everything Hurts: Fibromyalgia?
  - Dr. Amanda Steiman

**February 10, 2017—No Session**

- **February 17, 2017**
  - Rationalizing Lab Testing: How not to go Bananas
  - Dr. Claire Bombardier

- **February 24, 2017**
  - Join Exam and Injection Techniques
  - Dr. Amanda Steiman

- **March 3, 2017**
  - Imaging: What, When Where, Why
  - Dr. Claire Bombardier

- **March 10, 2017**
  - “Time is Joint”: Collaboration in early Inflammatory Arthritis Management
  - Dr. Amanda Steiman

- **March 17, 2017**
  - Methotrexate and Conventional Disease Modifying Agents
  - Dr. Claire Bombardier

- **March 24, 2017**
  - Biologic Disease—Modifying Agents
  - Dr. Claire Bombardier

- **March 31, 2017**
  - Pharmacotherapeutic considerations in pregnancy, lactation and in patients trying to conceive
  - Dr. Amanda Steiman

- **April 7, 2017**
  - Non-Pharmacologic Aspects of Management
  - Mandy McGlynn, PT, ACPAC

**April 14, 2017—No Session**

- **April 21, 2017**
  - Managing Co-Morbidities of Inflammatory Arthritis
  - Dr. Claire Bombardier

**Cycle 2**

- **April 28, 2017**
  - **Approach to the Patient with Peripheral Joint Pain**
  - Dr. Amanda Steiman

- **May 5, 2017**
  - **Approach to the Patient with Back Pain**
  - Dr. Amanda Steiman

- **May 12, 2017**
  - **Expanding your Differential Diagnosis**
  - Dr. Claire Bombardier

- **May 19, 2017**
  - **When everything Hurts: Fibromyalgia?**
  - Dr. Amanda Steiman

- **May 26, 2017**
  - **Rationalizing Lab Testing: How not to go Bananas**
  - Dr. Claire Bombardier

- **June 2, 2017**
  - **Join Exam and Injection Techniques**
  - Dr. Amanda Steiman

- **June 9, 2017**
  - **Imaging: What, When Where, Why**
  - Dr. Claire Bombardier

**June 16, 2017—No Session**

- **June 23, 2017**
  - “Time is Joint”: Collaboration in early Inflammatory Arthritis Management
  - Dr. Amanda Steiman

**June 30, 2017—No Session**

- **July 7, 2017**
  - Methotrexate and Conventional Disease Modifying Agents
  - Dr. Claire Bombardier

- **July 14, 2017**
  - Biologic Disease—Modifying Agents
  - Dr. Claire Bombardier

- **July 21, 2017**
  - Pharmacotherapeutic considerations in pregnancy, lactation and in patients trying to conceive
  - Dr. Amanda Steiman

- **July 28, 2017**
  - Non-Pharmacologic Aspects of Management
  - Mandy McGlynn, PT, ACPAC

**August 4, 2017—No Session**

- **August 11, 2017**
  - Managing Co-Morbidities of Inflammatory Arthritis
  - Dr. Claire Bombardier

**Cycle 3**

- **September 8, 2017**
  - **Approach to the Patient with Peripheral Joint Pain**
  - Dr. Amanda Steiman

- **September 15, 2017**
  - **Approach to the Patient with Back Pain**
  - Dr. Amanda Steiman

- **September 22, 2017**
  - **Expanding your Differential Diagnosis**
  - Dr. Claire Bombardier

- **September 29, 2017**
  - **When everything Hurts: Fibromyalgia?**
  - Dr. Amanda Steiman

- **October 6, 2017**
  - **Rationalizing Lab Testing: How not to go Bananas**
  - Dr. Claire Bombardier

- **October 13, 2017**
  - **Join Exam and Injection Techniques**
  - Dr. Amanda Steiman

- **October 20, 2017**
  - **Imaging: What, When Where, Why**
  - Dr. Claire Bombardier

- **October 27, 2017**
  - “Time is Joint”: Collaboration in early Inflammatory Arthritis Management
  - Dr. Amanda Steiman

**November 3, 2017—No Session**

- **November 10, 2017**
  - Methotrexate and Conventional Disease Modifying Agents
  - Dr. Claire Bombardier

- **November 17, 2017**
  - Biologic Disease—Modifying Agents
  - Dr. Claire Bombardier

- **November 24, 2017**
  - Pharmacotherapeutic considerations in pregnancy, lactation and in patients trying to conceive
  - Dr. Amanda Steiman

- **December 1, 2017**
  - Non-Pharmacologic Aspects of Management
  - Mandy McGlynn, PT, ACPAC

- **December 8, 2017**
  - Managing Co-Morbidities of Inflammatory Arthritis
  - Dr. Claire Bombardier

- **December 15, 2017**
  - Participant Selected topic—TBD